

## **Explanation of Glucose Arrows**

Arrows on the reader or phone will let you know where glucose levels are headed, this will help the child or young person to make decisions on insulin adjustments that may be needed and potentially help prevent hypoglycaemia (low blood glucose) and hyperglycaemia (high blood glucose).

## Below is a list showing the arrow directions and what they mean:

Trend Arrows	What this means
	Glucose is rising quickly
	Glucose is rising
	Glucose is changing slowly
	Glucose is falling
	Glucose is falling quickly

The glucose trend arrow may not always appear with your reading.

Different apps may vary in how they display the arrows.

## www.diabetesinschools.org









