

## Day Trips & Residential

**As a school, be sure to remember the following important points when taking a child or young person on a day trip or residential:**

- School staff should read the individual healthcare plan and know how best to support the child/young person with their Type 1 diabetes and liaise with parents/carers to ensure all the appropriate equipment and treatments including spares is available.
- Before a school trip or residential, have a meeting with the child/young person, their parents and their diabetes team, to cover what their individual needs are outside of school time.
- Provide a plan for the parents/carers. This should include time of arrival and departure, the likely activities and meal plans.
- Ensure a risk assessment is carried out by the school and appropriate action is taken.
- Identify at least two key workers that the child/young person and their parents/carers can liaise with both before and during the trip.
- Additional training may be required for the overnight care of a child/young person with diabetes. Make sure that these training needs are identified and discussed to allow plenty of time to ensure an adequate number of staff are trained and supported.
- For residentials, It may be advisable for contact to be made with the parents/carers each evening to review the day and highlight areas of concern.
- An emergency contact number for the parents/carers and other emergency contacts should be provided.



Based on information from Diabetes UK

[www.diabetesinschools.org](http://www.diabetesinschools.org)

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